

iCEPS CONFERENCE

International Conference & Exhibit

MAY 18-20
2017

MONTPELLIER • FRANCE

NON-PHARMACOLOGICAL INTERVENTIONS:

FROM METHODOLOGY
TO EVIDENCE OF EFFICACY

PROGRAM

www.iceps.eu

 @iCEPSConference

Organizers

Academic Partners



Coming out of the dark, just like they did 50 years ago for pharmaceutical drugs

"Until the 60's, many drug interventions only relied, we might say, on the strength of habit (routine), a naive belief in traditions, or on generalizations made on the basis of anecdotal and sporadic instances abusively labeled as professional experience."

Gilles Bouvenot and Muriel Vray (2006, p.13)



Clarify the methodological approach to assess NPIs

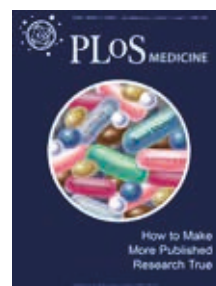
"In light of the standards usually applied to evaluate the efficacy of medical treatments, most studies assessing the efficacy of non-pharmacological therapies suffer from methodological weaknesses."

French Health Authority (2011, HAS Report, p.40)

A need to improve the credibility and efficiency of scientific investigation

"Adoption of more appropriate statistical methods, standardized definitions and analyses and more stringent thresholds for claiming discoveries or "successes" may decrease false-positive rates in fields that have to-date been too lenient (like epidemiology, psychology, or economics). It may lead them to higher credibility, more akin to that of fields that have traditionally been more rigorous in this regard, like the physical sciences."

John P. A. Ioannidis (2014, PLOS Medicine, p.2)



Fostering Research and Innovation



"A knowledge-based policy is the key to integrate Traditional and Complementary Medicine into national health systems. Research should be prioritized and supported in order to generate knowledge. While there is much to be learned from controlled clinical trials, other evaluation methods are also valuable. These include outcome and effectiveness studies, as well as comparative effectiveness research, patterns of use, and other qualitative methods. There is an opportunity to take advantage of, and sponsor such "real world experiments" where different research designs and methods are important, valuable and applicable."

World Health Organization
(2013, WHO Traditional Medicine Strategy 2014-2023, p.39)

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Organization

Ladies and Gentlemen,

Welcome to the fifth iCEPS Conference. This conference is one of the largest world meetings on Non-Pharmacological Interventions (NPIs). The meeting, which is jointly organized by the International Behavioural Trials Network (IBTN) and the CEPS Platform, presents the latest and most significant developments in paradigms, research methods and trial results assessing the efficacy, the safety and the cost/effectiveness of NPIs. It also focuses on the translational aspects from mechanistic research to practical applications of NPIs. This conference, alternately organized in Montpellier and Montreal, encourages the sharing of knowledge and experience.

Non-Pharmacological and Behavioral Research as well as professional training requires a multidisciplinary approach. NPIs span various scientific disciplines, from biological sciences to behavioral and social sciences, from epidemiology to mathematics, from economics to legal sciences, from digital sciences to technology engineering. This proactive interaction will promote the development and validation of innovations that serve patients, professionals, industry players, and decision makers.

We would like to acknowledge the hard work and outstanding efforts of the European, French State, and Local Authorities, the Universities of Montpellier, partners, and numerous volunteers for supporting this conference.

This conference is now yours. We hope that you will make the most of it and also take time to visit the beautiful Occitanie region.

Simon Bacon
CMCM,
Montreal

Isabelle Boulze
CEPS Platform,
Montpellier

Kim Lavoie
CMCM,
Montreal

Jérôme Maitre
CEPS Platform,
Montpellier

Jean-Louis Pujol
CEPS Platform,
Montpellier

Grégory Ninot
CEPS Platform,
Montpellier



Steering Committee

Sylvain Agier, Simon Bacon, Jean Bilard, Isabelle Boulze, Gérard Bourrel, Denis Brouillet, Monica Cappellini, François Carbonnel, Arnaud Castelltort, Michel David, Mario Fernandez, Adeline Gomez, Aurélie Gerazime, Estelle Guerdoux-Ninot, Vanessa Guillaumon, Aline Herbinet, Guillaume Lacoste,

Michel Launay, Anne Laurent, Kim Lavoie, Béatrice Lognos, Cécile Maestracci, Francis Maffre, Jérôme Maitre, Sophie Martin, Jeanne Michaux, Laurent Munilla, Grégory Ninot, Patrick Poucheret, Jean-Louis Pujol, Xavier Quantin, Sylvie Rapior, Thierry Rousset, Raphaël Trouillet, Alain Warnery.

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Stéphane Adam, François Alla, Antoine Avignon, Simon Bacon, Marie Baqué-Juston, Vickie Baracos, Pierre-Louis Bernard, Claudine Berr, Hubert Blain, Franck Bonnetain, Isabelle Boulze, Jean Bourbeau, Gérard Bourrel, Jean Bousquet, Denis Brouillet, Linda Cambon, Anne-Sophie Cases-Lacour, Arnaud Castelltort, Susan Czajkowski, Amélie Darlix, Fabienne D'Arripe-Longueville, Michel David, Cyrille Delpierre, Gérard Dray, Béatrice Fervers, Francoise Fons, Ken Freedland,

Christophe Gernigon, Isabelle Gremy, Estelle Guerdoux-Ninot, Vanessa Guillaumon, Thibaut Guiraud, Maurice Hayot, Anne Laurent, Kim Lavoie, Sophie Martin, Susan Michie, Jacques Mercier, Paul Montgomery, Grégory Moullec, Grégory Ninot, Patrick Poucheret, Lynda Powell, Jean-Louis Pujol, Xavier Quantin, Sylvie Rapior, Lise Rochaix, Hélène Sancho-Garnier, Pierre Senesse, Daniel Serin, Anne Stoebner-Delbarre, Raphaël Trouillet, Anne Vuillemin.

Innovation Committee

DIRECCTE, CEPS Platform, Mairie de Montpellier, Montpellier Métropole, Région Occitanie, Transferts, Université de Montpellier, Université Paul-Valéry Montpellier.



The CEPS Platform is a collaborative academic platform dedicated to sharing methodological tools for non-pharmacological research.

The Platform is structured as a Scientific Interest organization. The Platform receives support of the French State, the Region Occitanie and the Metropole of Montpellier.

www.CEPSplatform.eu



The International Behavioural Trials Network (IBTN) is an organisation dedicated to improving the methodology quality of trials based on behavioural change models. IBTN's mission is to facilitate the global improvement of the quality of behavioural trials, provide networks and capacity to undertake more and higher quality trials, and develop a repository for existing recommendations, tools, and methodology papers on behavioural trials and intervention development.

www.ibtnetwork.org

Topic of the conference

Definition of NPIs

"Non Pharmacological Interventions (NPIs) are science-based and non invasive interventions on human health. They aim to prevent, treat, or cure health problems. They may consist in products,

methods, programs or services whose contents are known by users. They are linked to biological and/or psychological processes identified in clinical studies. They have a measurable impact on health, quality of life, behavioral and socioeconomic markers. Their implementation requires relational, communicational and ethical skills" (CEPS Platform, 2017).

CEPS Platform NPI Taxonomy

 Psychological Health Interventions	 Physical Health Interventions	 Nutritional Health Interventions	 Digital Health Interventions	 Other Health NP Interventions
Art Therapy Health Education Psychotherapy Zootherapy	Physical Activity Hortitherapy Physiotherapy Manual Therapy Thermalism	Dietary Supplements Nutritional Therapy	eHealth Devices Therapeutic Games Virtual Reality Therapy	Ergonomic tools Phytotherapy Cosmetic Therapy Wave Therapy Lithotherapy

Providing Evidence

NPIs have become **essential solutions to improve health, quality of life and, often, life expectancy**. Recent observational studies have also highlighted the **positive economic and social impact**. Therefore, this international conference should allow participants to:

- *share evidence of the efficacy, safety and costs/effectiveness of NPIs,*
- *discuss research protocols leading to the acquisition of evidence,*
- *understand the mechanisms of action involved in NPIs.*

The NPI Field

- How to evaluate them?
- How to verify their interference with conventional biological treatments?
- How to monitor their use?
- How to prescribe them?
- How to reimburse them?
- How to develop best practices?
- How to train professionals?

The Conference every year

- **Providing the link between research organizations, companies and stakeholder organizations:**

Accelerate research and innovation in sectors using NPIs.

- **A powerful employment hub:**

Promote job creation and professional innovation in prevention and care.

- **A forum for interdisciplinary exchange:**

Facilitate meetings between researchers, healthcare professionals, entrepreneurs and representatives of other stakeholders.

A Major Issue

Having to provide evidence of the efficacy, safety and the costs/effectiveness of NPIs may seem strange. We are all familiar with people who have enjoyed the health benefits of an NPI. Nevertheless, these anecdotal cases do not amount to solid evidence. The mere satisfaction of an NPI from a happy few cannot be generalized to the broader public. Could these outcomes just be the result of a **placebo effect**? Are they applicable at the same "doses" to other people with the same disorders? For now, many academic societies and state, European and International health authorities feel that the studies available in the scientific and medical literature do not provide sufficient evidence.

They argue that what has been brought forth is merely **proof of concept**. They note the lack of a consensus model of validation and surveillance, such as the standards in drug development (Phase I to Phase IV). They highlight the **methodology problems** due to rapid obsolescence of NPI using a digital solution (e.g., Apps). As a result, policy makers and health industry financial decision-makers remain skeptical of the impact of NPIs. These key players are encouraging innovators to come forward with additional evidence for the efficacy and the cost/effectiveness of NPIs in order to improve their visibility, and, ultimately, to garner more substantive private and public financial support for them.

A congress for whom?

This conference is meant for anybody interested in the scientific, medical, legal, business and ethical questions raised by Non-Pharmacological Interventions (NPIs).



Why Montpellier and Montreal?

Montpellier is renowned for its historical excellence in the fields of health and human sciences, and for its modern capacity to bring the two together. NPIs are at the heart of this juncture. Around Montpellier itself, the French Region of Occitanie hosts a variety of proactive university laboratories and health-related companies. Healthcare institutions are also highly involved in clinical research. This economic and research cluster stimulates innovation and clinical research on the rehabilitation of patients suffering from chronic diseases and on health prevention programs. It also fosters social economy and solidarity efforts, as well as e-Health developments.



Montreal is often referred to as "Canada's Cultural Capital." Internationally renowned for its rich, vibrant cultural activities and year-round festivals, it combines the modern features of a major metropolis with the historical charm and history of Europe. It is the 2nd largest predominantly French speaking city in the world (after Paris), and is a major hub of biomedical research and higher education (boasting 4 major universities including 2 medical schools – McGill and Université de Montréal). As Canada's second largest city, it remains an important center of commerce, education, technology, biotechnology, health research, and world affairs.



History of the Conference

► March 25, 2011

Corum of Montpellier, France, 320 participants

Dedicated to **Jean Bilard**, **Christian Prefaut** and **Henri Pujol**

► April 5, 2013

Corum of Montpellier, France, 610 participants

Dedicated to **Marilou Bruchon-Schweitzer**, **Jacques Desplan** and **David Servan-Schreiber**

► March 19-21, 2015

Corum of Montpellier, France, 1020 participants

Dedicated to **Christophe André**, **Claude Dreux** and **Elias Zerhouni**

► May 19-21, 2016

UQAM, Montréal, Canada, 250 participants

Dedicated to **David Sackett**

► May 18-20, 2017

Dedicated to **Jean Bousquet**, Medicine Professor, Medicine Faculty of Montpellier, Practitioner at the University Regional Hospital Center of Montpellier, international senior researcher allergy distinguished for his scientific, President of MAC-VIA Committee

Susan Michie, Psychology Professor at University College London, Expert in methods and techniques of health behaviour change. Distinguished senior research renowned for her work the Behaviour Change Techniques Taxonomy, the Behaviour Change Wheel, and the Behaviour Change Ontology

Hélène Sancho-Garnier, Medicine Professor, Clinical Research and Epidemiology specialist recognized worldwide for its particular interventional research in cancer prevention



5th edition

iCEPS CONFERENCE

International Conference

MAY 18-20
2017

MONTPELLIER • FRANCE

DAY 1: RESEARCH METHODS

Thursday 18th May 2017, 8:30 - 6:00 • Corum, Montpellier

Plenary lectures and Posters



Paradigm



Design



Analysis



Decision

DAY 2: RESEARCH RESULTS

Friday 19th May 2017, 8:30 - 6:00 • Corum, Montpellier

Plenary lectures and Posters



Psychological
Health
Interventions



Nutritional
Health
Interventions



Physical
Health
Interventions



Digital
Health
Interventions



Other
Health
Interventions

DAY 3: PROFESSIONAL PRACTICES

Saturday 20th May 2017, 8:30 - 1:00 • Saint-Charles, Montpellier

Workshops



Research
Methods



Clinical
Practices



Digital
Interventions &
Assessments



Business
Practices



Stakeholder
Engagement

Full program

Thursday 18th May 2017

Corum - Montpellier • Hall Pasteur

Research methods: Plenary lecture

8:20

**Opening
ceremony**

Exhibit Hall

9:00

Chair: Simon Bacon, University of Concordia, Montreal, Canada

Paradigm



Lynda Powell

*Rush University,
Chicago, USA*

Research Methods, Trials
and NonPham Interventions.

Susan Czajkowski

*National Cancer Institute, National Institutes
of Health, Bethesda MD, USA*

From Ideas to Efficacy: The ORBIT Model
for Developing Behavioral Treatments
for Chronic Diseases.

10:30

Break, Poster and Debriefing room

11:00

Chair: Kim Lavoie, University of Montreal, Canada

Design



**Gregory Ninot,
François Carbonnel**

University of Montpellier, France
From Paradigm to design.

Sue Todd

*University of
Redding, Great-Britain*
Adaptative Designs.

Hervé Maisonneuve

H2MW Paris, France
Publication biases and
beautification in the
scientific literature

12:30

Break, Poster and Debriefing room

2:00

Chair: Raphael Trouillet, University Paul Valery, Montpellier, France

Analysis



Bruno Giraudeau

University of Tours, France
Challenges in cluster
randomised trials

Gauvin Lise

University of Montreal, Canada
On the challenges of taking
up and mastering behavioural
trial analysis and complexity:
Strategies and examples.

Maria-Patrizia Carrieri

*INSERM U912 University
Aix Marseille, France*
Alternative approach
for analyzing non-
randomized trials.

3:30

Break, Poster and Debriefing room

4:00 - 6:00

Chair: Gregory Ninot, University of Montpellier, France

Decision



Patrick Poucheret

University of Montpellier, France
Misconceptions about
the dynamics of body
weight gain/loss.

Joanna Coast

University of Bristol, Great Britain
Using the capability approach in
resource allocation decision-making for
non-pharmacological interventions.

François Alla

*University of Lorraine and
Hospital of Nancy, France*
Interventional research
and public health.

Linda Cambon

*Ecole des Hautes Etudes en
Santé Publique, Paris, France*
Interventional research to
political decision.

Friday 19th May 2017

Corum - Montpellier • Hall Pasteur

Research results: Plenary lecture



Psychological Health Interventions

8:30

Chair: Kim Lavoie, Université du Québec à Montréal, Canada

Bob Reid

University of Ottawa, Canada

Ottawa Model for
Smoking cessation.

Helene Amiava

University of Bordeaux, France

Group and individual cognitive
therapies in Alzheimer's disease:
the ETNA3 randomized trial.

Kenneth Freedland

Washington University School
of Medicine, St. Louis, USA

The Perils of Attention Controls
in Behavioral Intervention Research

10:30

Break, Poster and Debriefing room

11:00 - 12:30

Chair: Susan Czajkowski, National Institutes of Health, Washington, USA

Susan Michie

University College of
London, Great-Britain

Behaviour Change
Taxonomy.

**Mullen Kerri A, Manuel Douglas,
Thavorn Kednapa, Coyle Douglas,
Pipe Andrew L, Reid Robert D**

University of Ottawa, and
Hospital Research Institute, Canada

Healthcare utilization and costs following a
hospital-initiated tobacco cessation intervention.

Linda Carlson

University of Calgary, Canada

Mindfulness, Cancer
and Trials.



Body Health Interventions

2:00

Chair: To define

Simon Bacon

University Concordia,
Montreal, Canada

Diabetes, exercise and
trial results.

**Elisabeth Breton,
Alain Jacquet**

EBRS, Hospital of Bordeaux, France

Reflexology: how to
prove its effectiveness?

Bruno Falissard

INSERM Unit 699 and University
of Paris South, France

Osteopathy: Wich Evidence
of Efficacy?

3:30

Break, Poster and Debriefing room

4:00 - 6:00

Chair: To define

**Chloe Gay, Candy Auclair, Nathalie Boisseau,
Laurent Gerbaud, Emmanuel Coudeyre**

Clermont Auvergne University, Clermont-Ferrand
University, Clermont-Ferrand, France

Self-management exercise program associated to
spa therapy increased the physical activity level of
people with symptomatic knee osteoarthritis:
A quasi-randomized controlled trial.

**Marion Fournier, Rémi Radet, Karim Tifratene, Christian
Pradier, Alain Fuch, Philippe Mossé, Jean-Jacques
Domerego, Jocelyn Gal, Fabienne d'Arripe-Longueville**

University Nice Sophia Antipolis, University of
Aix-Marseille, Hôpital Privé Gériatrique les Sources,
Centre Antoine Lacassagne

The "As du Cœur" study: a randomized controlled trial on
physical activity maintenance in cardiovascular patients.

**Nicola J. Paine, Kim L. Lavoie,
Simon L. Bacon for the Ex-Asthma Study Group**

MBMC, Concordia University, UQAM, Canada

Exercise training and inflammation in asthma
patients: a randomized control trial.

Hubert Blain

University and Hospital of Montpellier, France

Prevention of fall and European decision.

8:30

Chair: Simon Bacon, university of Concordia, Montreal, Canada

Axel Lion^{1,3}, Julien Carretier^{1,2}, Béatrice Fervers^{1,2}, Amandine Bertrand⁴, Marion Beaufront³, Christèle Riberon³, Helen Boyle³, Perrine Marec-Bérard³

1. Centre Léon Bérard, Cancer Environment Department, Lyon, France 2. University Claude Bernard, Lyon, France 3. Adolescents and Young Adults with cancer Department, Treatment of AYA's Pain Unit, Centre Léon Bérard, Lyon, France 4. Institute of Hematology and Oncology Pediatrics (IHOPE, Centre Léon Bérard)

Implementation of a program based on adapted physical activity and recommendations for second cancers prevention for Adolescents and Young Adults with cancer: PREVAPAJA.

Veronique Cornelissen

University of Leuven, Belgium

Hypertension, exercise and trial results.

Béatrice Fervers

Centre Léon Bérard, UMR INSERM 1052-CNRS 5286, University of Lyon 1

Exercise and cancer.

Bingkai Liu

Integrated Centre of Chinese Medicine, La Pitié Salpêtrière Hospital, Assistance Publique-Hôpitaux de Paris, France

The difference between physical exercise and Chinese Medical Qigong for cancer patient.

10:30

Break, Poster and Debriefing room

11:30 - 12:30

Chair: To define

Iveta Nagyova, Marian Jendrichovsky

Department of Social and Behavioural Medicine, Faculty of Medicine, PJ Safarik University, Kosice, Slovak Republic

Nordic Walking training effect on cardiovascular performance in patients after revascularization procedures: A randomized controlled study.

Cyril Dupuis, Courraud Christian

CERAP, University of Fernando Pessoa, Porto, Portugal

A combination of qualitative and quantitative approaches to evaluate the effect of DBM Fasciatherapy on the pain of patients suffering from fibromyalgia.

Kim L. Lavoie

MBMC, Hôpital du Sacré-Cœur de Montréal, University du Québec à Montréal, Montréal, Canada

Motivating patients to change their lifestyle: Impact of training physicians in motivational communication skills.

2:00

Chair: Maurice Hayot, University and Hospital of Montpellier, France

Robert West

University College of London, Great-Britain

The Human Behaviour Change Project.

Anya Okhmatovskaia, Arash Shaban-Nejad, David Buckeridge

McGill university, Montreal, Canada
University of Tennessee, Memphis USA

An Ontology of Public Health Interventions for Systematic Collection and Evaluation of Health Evidence.

Anne Laurent, Gérard Bourrel, François Carbonnel, Aurélie Géraizime, Loc Nguyen, Sylvie Rapior, Gregory Ninot

CEPS Platform, Universities of Montpellier, Montpellier, France

How ontologies can help NPIs research and practice: challenges, limits and promises?

3.30

Break, Poster and Debriefing room

4:00 - 6:00

Chair: Lynda Powell, Rush University, Chicago, USA

Kaberi Dasgupta

McGill University, Montreal, Canada

The Step Monitoring to Improve arterial health trial: Prescription strategy in type 2 diabetes and hypertension.

Susan Michie, Robert West, Jamie Brown, Dave Crane, Claire Garnett

University College of London, Great-Britain

Evaluating effective components within digital interventions: the example of Drink Less.

François Carbonnel, Bilel Moulahi, Jérôme Azé, Sandra Bringay, Philippe Lenoir

Department of General Practice Medicine, CEPS Platform, Universities of Montpellier, Avicenne Multiprofessional Health Center, LIRMM UMR-CNRS, Montpellier, France

What can we learn from the #SmearForSmear 2015 Twitter campaign to raise awareness of cervical cancer screening?

Friday 19th May 2017

Corum - Montpellier • **Room Rondelet**

Research results: Plenary lecture

8:30

Chair: Sylvie Rapior, University of Montpellier, France

Antoine Avignon

University and Hospital of Montpellier, France
Clinical research and supplementary food.

Alain Michel, Patrick Poucheret

UMR CNRS 95 Qualisud Research Unit,
University of Montpellier, France

Functional food for the prevention of metabolic syndrome.

Maurice Hayot, Jonathan Maury, Fares Gouzi, Nelly Héraud, Philippe De Rigal, Nicolas Molinari, Joël Pincemail, Dalila, laoudj-Chenivresse, François Bughin, Magali Poulain, Marine Blaquièrre, Jacques Mercier, Christian Préfaut, Pascal Pomiès

University of Montpellier, INSERM U1046, CNRS UMR9214, Clinique du Souffle «La Solane»,
Fontalvie & 5-santé Groups, CHRU Montpellier, University of Liège, CHU, Liège, Belgium

Nutritional antioxidant supplementation to optimize pulmonary rehabilitation muscle
benefits in stable COPD patients: a rigorous double blind randomized control trial.

10:30

Break, Poster and Debriefing room

11:00 - 12:30

Chair: To define

Jacques Touchon, Bertrand Fougère, Sandrine Andrieu, Bruno Vellas

MAPT group Gerontopole, Hospital of Toulouse, INSERM UMR1027
UMR 1061, University of Toulouse III Paul Sabatier, France

Non-pharmacological intervention in populations at
high risk of AD dementia: results of the MAPT study.

Yannick bardie

University of Montpellier, France

Model validation for supplementary food.

Justine Millot-Keurinck, Josiane Rénier, Anne Bosc, Michel Noguès, Delphine Paccard, Valérie Bruguière

Retirement and occupational health insurance agency of Languedoc-Roussillon (CARSAT LR), Montpellier, France

The concerted service window, a non-pharmacological intervention to tackle frailty at early stage.

2:00

Chair: To define, ICM, Montpellier

Liya Ju

Paris Diderot University,
Paris, France

Correlation of human
immunology and 'defensive
energy' described in
Traditional Chinese Medicine.

Pierre Champy

CNRS UMR 8076 BioCIS Unit,
University of Paris-Sud,
Châtenay-Malabry, France

Anticancerous Annonaceae
dietary supplements: Chemical
and neurotoxicological studies.

**Stéphanie Viera, Cécile Santo,
Fabrice Cheruel, Hélène
Sancho-Garnier**

JDB Foundation, Cancer Prevention,
University of South of Paris XI, Paris, France

Applicability and transferability
elements of an intervention trial in
the school environment.

3:30

Break, Poster and Debriefing room

4:00 - 6:00

Chair: To define

Roux Benjamin, Pierre Philippot

Laboratory for Experimental
Psychopathology (LEP), Catholic
University of Louvain, Belgium

Implementation of a Mindfulness-
Based Intervention among ado-
lescents with conduct disorders.

Anne Lieutaud, Danis Bois

Centre d'Etude et de Recherche
Appliquée en Psychopédagogie de la perception,
University Fernando Pessoa, Porto, Portugal

Somatic-psychoeducation, a
psycho-physical approach to
anxiety and self-esteem.

Nancy Midol

University of Nice-Sophia Antipolis,
Observatoire des Médecines Non
Conventionnelles, Nice, France

The metaphorical impact of
«stellar humanism»
in medical hypnosis.

Bernard Payrau, Nadine Quere, Elisabeth Breton, Marie-Christine Payrau

Interdisciplinary Working Group for Nonpharmacological Stress Management, Gentilly, France
Fasciatherapy, Reflexology, Hypnosis, Music-Therapy in Stress Management.

6:00 - 06:30

CLOSING SPEECH OF SCIENTIFIC PLENARY SESSIONS

Roger Frutos

University of Montpellier,
France

For a healthcare combining
Occidental and Asiatic approaches

Gregory Ninot

CEPS Platform University of
Montpellier, France

Acknowledgements

Simon Bacon

CMCM, University of
Concordia, Montreal, Canada

Kim Lavoie

CMCM, Université du
Québec à Montreal, Canada

Next edition in Montreal

Nutritional Health Interventions

Other Health Interventions

8:30 - 10:30 • **French Session • Room 1**

LA RECHERCHE QUALITATIVE DANS LE DOMAINE DE LA SANTÉ.

Sandra Bringay

LIRMM. Laboratoire d'Informatique de Robotique et de Microélectronique de Montpellier, France

Intérêt pour la recherche qualitative des méthodes de quantification des références à ces interventions non médicamenteuses et à la non observance des traitements dans le discours des patients s'exprimant dans les forums de santé.

Animation: Isabelle Launay, Lionel Diébold

Claire Vitale

Labotaroire Epsilon, Montpellier, France
Angoisse et fin de vie.

Béatrice Lognos

Département de Médecine Générale, Université de Montpellier, Laboratoire Epsilon, CEPS Platform, Montpellier, France

L'approche centrée patient améliore et facilite la détection de la vulnérabilité sociale. Analyse qualitative phénoménologique.

11:00 - 01:00 • **French Session • Room 1**

DE LA SANTÉ À L'ESANTÉ : QUELLES NOUVELLES MÉTHODOLOGIES POUR L'ÉVALUATION ?

Le champ des INM: Quel marché ?

Objectif: la table ronde invite des acteurs des interventions non médicamenteuses dans le but de mieux identifier le périmètre de ce marché en pleine expansion.

Table ronde animée par Irène Georgescu (Institut Montpellier Management) et Guy Delande (Structure Fédérative de Recherche Administration, Sociologie et Médico-Economie de la Santé, Montpellier)

Rowana Ologeanu

Polytech, Laboratoire de recherche MRM, Chaire esanté

L'évaluation de la e-santé : Etat de l'art.

Grégoire Mercier

Unité de recherche médico-économique du CHU Montpellier, Chaire esanté

Impact clinique et médico-économique de la e-santé : enjeux et évaluation.

Roxana Ologeanu, Grégoire Mercier, Sébastien Pascal¹, Guillaume Tallon², François Bughin³

Table ronde : Les interventions à visée thérapeutique.

Animation: Anne-Sophie Cases

1. Biomoov, 2. Naturalpad, 3. Unité PhyMedExp INSERM-CNRS-UM et CHU

8:30 - 10:30 • **English Session • Room 2**

EVIDENCE-BASED STRATEGIES FOR IMPROVING PHYSICAL ACTIVITY AMONG CANCER SURVIVORS.

Eva Pila, Anika Gentile, Catherine Sabiston, Angela Fong, Benjamin Sylvester

Faculty of Kinesiology and Physical Education, University of Toronto, Canada

Eva Pila, Anika Gentile, Catherine Sabiston

Identifying psychological factors related to low levels of physical activity among breast cancer survivors.

Angela Fong, Benjamin Sylvester, Catherine Sabiston

Supportive environments for physical activity in an oncology context.

Anika Gentile, Angela Fong, Eva Pila, Catherine Sabiston

Survivorship care plans and clinician-level support for physical activity among cancer survivors.

Catherine Sabiston, Angela Fong

Practical, feasible, cost-efficient physical activity programs for cancer survivors: moving research into practice.

Animation: Catherine Sabiston, Angela Fong, Anika Gentile, Eva Pila

8:30 - 10:30 • **French Session • Room 3****LES PÔLES DE SANTÉ AMBULATOIRE: DES RESSOURCES ET DES MOYENS POUR DÉVELOPPER ET ORGANISER LES INM.***En partenariat avec le Département de Médecine Générale de la Faculté de Médecine de Montpellier***Gérard Bourrel***Professeur Emérite des Universités, Département de Médecine Générale, CEPS Platform, Université de Montpellier, France*

Les nouvelles structures de soins ambulatoires.

Pierre Senesse*Responsable du Département de Soins de Support, Institut régional du Cancer de Montpellier (ICM), CEPS Platform, Montpellier, France*

Les INM dans le suivi des pathologies cancéreuses: Imaginer des interfaces ville hôpital.

Pierre Simon*Ancien Directeur de l'Agence Nationale de Télémedecine (ANTEL) et de la Société Française de Télémedecine (SFT), Paris, France*

Télémedecine, développement et coordination des INM au sein des nouvelles structures de soins (MSP.PSUA) : l'information-éducation du patient et interprofessionnalité.

Animation: Gérard Bourrel, François Carbonnel8:30 - 10:30 • **French Session • Room 4****CONTRIBUTION DE LA SOPHROLOGIE CAYCEDIENNE À LA PRISE EN CHARGE DES PERSONNES EN DÉPENDANCES, SOUFFRANCE, DANS LES DOMAINES DE LA GÉRIATRIE, PÉDIATRIE, ET SOINS PARENTAUX.****Cécile Beaupin***Institut Régional du Cancer de Montpellier, France*

Présentation de la sophrologie caycedienne, techniques de base, efficacité en addictologie, mesures des résultats.

Marie-Josée Falevitch*Falevitch Formation, France*

Sophrologie caycedienne et parentalité.

Animation: Cécile Beaupin, Claude Daguerre, Nelly Sebon11:00 - 01:00 • **French Session • Room 1****ÉVALUATION DE L'EFFICACITÉ DE LA STIMULATION MANUELLE RÉFLEXOLOGIQUE.****Elisabeth Breton***Centre de formation Elisabeth Breton, Versailles, France*

Démonstration des bienfaits de la réflexologie: comparaison des résultats d'une auto-évaluation avant et après une séance.

Animation: Elisabeth Breton**Elisabeth Breton***Centre de formation Elisabeth Breton, Versailles, France*

Stimulation manuelle réflexologique et taux TSH.

Joakim Valero*Hôpital de Gien, Paris, France*

Comment évaluer l'efficacité de la réflexologie dans la prise en charge des colopathies fonctionnelles ou troubles fonctionnels intestinaux (TFI)?

11:00 - 01:00 • **French Session • Room 1****ALIMENTATION SANTÉ ET MALADIES CHRONIQUES. COMMENT MANGER ANTI INFLAMMATOIRE POUR S'EN PRÉMUNIR ?**

Objectif : L'inflammation de bas grade est le dénominateur commun de toutes les maladies chroniques, dites de civilisation. A ce titre, l'assiette peut être pro inflammatoire ou au contraire très protectrice vis-à-vis de l'inflammation. Quels paramètres biologiques innovants proposer pour un diagnostic précoce de l'inflammation quand les paramètres classiques n'ont pas encore bougé ? Places du rapport oméga 6 / oméga 3, de l'indice oméga 3, du ratio EPA/AA. Comment composer son assiette en pratique au quotidien pour se protéger de l'inflammation ou la normaliser ?

Bourgouin Dominique*Cabinet libéral Pneumologie-Nutrition-Sommeil, Osseja*

Point sur l'évolution de la composition de l'alimentation moderne en macronutriments et micronutriments.

Bourgouin Dominique*Cabinet libéral Pneumologie-Nutrition-Sommeil, Osseja*

Rôle de l'alimentation moderne dans l'inflammation de bas grade et l'explosion des maladies chroniques. Conduite à tenir.

Poster E1

Blum Mailys¹, Dupraz Christian¹, Schott Anne-Marie^{2,3}, Letrilliart Laurent^{1,2}, Kellou Nadir¹

Walking promotion in adults:
A systematic review of
intervention studies.

1. Collège Universitaire de Médecine Générale, Université Claude Bernard Lyon 1, Lyon, France, 2. EA 7425 HESPER (Health Services and Performance Research), Université Claude Bernard Lyon 1, Lyon, France, 3. Hospices civils de Lyon, pôle IMER, Lyon, France

Poster E4

El Amrani Leila^{1,2}, Engberink Agnès Oude^{1,3,4,7}, Ninot Gregory^{3,4}, Hayot Maurice^{5,6}, Carbonnel François^{1,3,4,7}

Connected Health Devices
for Healthcare in French
General Medicine Practice:
An internet-based study.

1. Department of General Practice, University of Montpellier, UFR Médecine site Nord, Montpellier, France, 2. Department of Emergency Medicine, Carcassonne general hospital, Carcassonne, France, 3. Research Unit EA4556 Epsilon, University of Montpellier, Montpellier, France, 4. CEPS Platform, Universities of Montpellier, Montpellier, France, 5. PhyMedExp, INSERM U-1046, CNRS UMR 9214, University of Montpellier, Montpellier, France, 6. Department of Clinical Physiology, CHU de Montpellier, Montpellier, France, 7. Avicenne Multiprofessional Health Center, Cabestany, France

Poster E7

Lacoste Guillaume¹, Lavoie Kim^{1,2}, Szczepanik Geneviève^{1,3}, Ninot Gregory⁴, Bacon Simon^{1,3}

The International Behavioural Trials
Network (IBTN): Who, what, why,
and how to get involved!

1. Montreal Behavioural Medicine Centre, CIUSSS-NIM Hôpital du Sacré-Cœur de Montréal, Montréal, Québec, Canada, 2. Department of Psychology, University du Québec à Montréal, Montréal, Québec, Canada, 3. Department of Exercise Science, Concordia University, Montréal, Québec, Canada, 4. CEPS Platform, University of Montpellier, Montpellier, France

Poster E10

Mondolot Laurence¹, La Fisca Philippe¹, Berkaoui Sophie², Pélissier Yves², Marodon Claude³

Histochemical study of 'Bois d'osto' (Antirhea borbonica J. F. Gmel Rubiaceae) leaves used as a traditional medicine in the island of Réunion.

1. Faculty of Pharmacy, UMR 5175 CNRS-CEFE, Montpellier, France, 2. Faculty of Pharmacy, 34093, Montpellier, France, 3. Aplamedom, 97490 Sainte-Clotilde, Réunion, France

Poster E2

Bouzigues Thomas¹, May Tom², Cripps Helene³, Fons Françoise¹, Rapior Sylvie^{1,4}

Bush Medicine and
Pycnoporus sp.

1. Laboratoire de Botanique, Phytochimie et Mycologie, UMR 5175 (CEFE), UFR des Sciences Pharmaceutiques et Biologiques, Université de Montpellier, Montpellier, France, 2. Mycology Department, Herbarium, Royal Botanic Gardens Victoria, Melbourne, Australia, 3. Aboriginal Services, Monash Medical Centre, Clayton, Victoria, Australia, 4. Plateforme CEPS, Montpellier, France

Poster E5

Gal Corinne, Laval Marlène
Research Unit Medical School
Montpellier-Nimes, University
of Montpellier-Nimes

Evaluating the effectiveness
of the University Diploma
motivational interview.

1. Collège Universitaire de Médecine Générale, Université Claude Bernard Lyon 1, Lyon, France, 2. EA 7425 HESPER (Health Services and Performance Research), Université Claude Bernard Lyon 1, Lyon, France, 3. Hospices civils de Lyon, pôle IMER, Lyon, France

Poster E8

Le Borgne Margaux¹, Boudoukha Abdel Halim¹, Petit Audrey², Roquelaure Yves²

Effects of a group cognitive
behavioral therapy with work-related
chronic low-back pain outpatients.

1. LPPL, UPRES EA 4638, Laboratoire de Psychologie des Pays de la Loire, Université de Nantes, Nantes, France, 2. LEEST, UPRES EA 4336, Laboratoire d'Ergonomie et d'Epidémiologie en Santé au Travail, Université d'Angers, Angers, France

Poster E11

Szczepanik Geneviève¹, Bacon Simon¹, Dragomir Anda², Gosselin-Boucher Vincent², Lavoie Kim²

Efficacy of a physician training program
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Poster E13

Pisica-Donose George, Boucau Sylvain, Quatre-Homme Stephanie, Delva-Couty Florence, Couture Karine, Henault Valérie, Bertrand Loïc, Guenniche Esther

Assessment of non-
pharmacological intervention using
multi-sensorial balancing armchair
for elderly people in nursing homes

University Pierre et Marie Curie, Paris VI, France

Poster E3

Diallo Ibrahima^{1,2,3}, Michel Alain², Poucheret Patrick², Morel Sylvie¹, Vitou Manon¹, Traore Loucény³, Rapior Sylvie¹, Fons Françoise¹

Lentinula edodes (Shiitake), an
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Poster E6

Huynh Minh Tam, Rapior Sylvie, Morel Sylvie, Fons Françoise

Reishi (Ganoderma lucidum): from
Traditional Chinese Medicine
panacea to the proof of efficiency.

Laboratoire de Botanique, Phytochimie et Mycologie, UMR 5175 (CEFE), UFR des Sciences Pharmaceutiques et Biologiques, Université de Montpellier, France

Poster E9

Michalak Alain¹, Salom Maryne^{1,3}, Dal Col Daniel², Lemerrier Clément E¹

Evaluation of the effects of
hypnotherapy on the non-motor
symptoms of Parkinson's disease.

1. Association AlternatiMed, Lyon, France, 2. Association des Parkinsoniens de la Loire, Saint-Etienne, France, 3. University of Lyon 2, France

Poster E12

Piatte Roxane, Rapior Sylvie, Morel Sylvie, Fons Françoise

Traditional Chinese Medicine, an
alternative medicine booming.
What is going on in France?

Laboratoire de Botanique, Phytochimie et Mycologie, UMR 5175 (CEFE), UFR des Sciences Pharmaceutiques et Biologiques, Université de Montpellier, France

Poster E14

Proulx-Belhumeur Alexandra, Giguère Jean-François, Després Jean-Pierre, Alméras Natalie, Doré Michel, Gallani Maria Cecilia

Promoting healthy salt consumption
among hypertensive patients: from
problem to nursing intervention.

The Quebec Heart and Lung Institute Research Centre, University Laval, Québec Canada

Poster E15

Huang Yuanfei, Costalat-Founeau Anne-Marie

The impacts of acculturation
strategies and cultural identity
on the well-being of Chinese
students in France.

Epsilon EA 4556 Research Unit, University Paul-Valéry Montpellier 3

Poster E16

Blum Maily¹, Dupraz Christian¹, Schott Anne-Marie^{2,3}, Letrilliart Laurent^{1,2}, Kellou Nadir¹

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Poster E19

El Amrani Leila^{1,2}, Engberink Agnès Oude^{1,3,4,7}, Ninot Gregory^{3,4}, Hayot Maurice^{5,6}, Carbonnel François^{1,3,4,7}

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Poster E22

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Poster E25

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Poster E17

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Poster E20

Gal Corinne, Laval Marlène
Research Unit Medical School
Montpellier-Nimes, University
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Poster E23

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Poster E26

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Poster E28

**Pisica-Donose George,
Boucau Sylvain, Quatre-Homme
Stephanie, Delva-Couty Florence,
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Bertrand Loïc, Guenniche Esther**

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University Pierre et Marie Curie, Paris VI, France

Poster E18

Diallo Ibrahima^{1,2,3}, Michel Alain², Poucheret Patrick², Morel Sylvie¹, Vitou Manon¹, Traore Loucény³, Rapior Sylvie¹, Fons Françoise¹

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Poster E21

**Huynh Minh Tam, Rapior Sylvie,
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Poster E24

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Poster E27

**Piatte Roxane, Rapior Sylvie,
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Poster E29

**Proulx-Belhumeur Alexandra,
Giguère Jean-François, Després
Jean-Pierre, Alméras Natalie,
Doré Michel, Gallani Maria Cecilia**

Promoting healthy salt consumption
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Poster E30

**Huang Yuanfei,
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The impacts of acculturation
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Epsilon EA 4556 Research Unit, University Paul-Valéry Montpellier 3

Poster F1

Blais Eglantine, Makinson Alain

Département de Médecine Générale,
Université de Montpellier, UFR
Médecine, Montpellier, France

Autotest de dépistage du VIH :
connaissances, intérêts et limites
pour les patients de 15 à 70 ans
consultant en cabinet de médecine
générale : enquête par auto-
questionnaires.

Poster F4

**Dabas Fiona¹, Mekhinini
Samia², Boubakri Chokri³, Picot
Marie-Christine⁴, Jaussent
Audrey⁴, Blain Hubert³**

Evaluation de l'intérêt d'une prise
en charge dans le Centre Régional
Equilibre et Prévention de la Chute
du CHU de Montpellier pour réduire
le nombre de chutes, le nombre de
chuteurs et préserver l'autonomie
des personnes âgées chuteuses.

1. Service Diagora, CHU de Montpellier, 2. SSR Bellevue, 3. Centre Equilibre et Prévention de la Chute et Soins aigus gériatriques, Centre Antonin Balmès, CHU de Montpellier, 4. Unité de Recherche Clinique et Epidémiologie, CHU de Montpellier

Poster F7

**Nogué Muriel¹, Rambaud
Jacques², Fabre Sylvie³,
Filippi Nathalie⁴, Jorgensen
Christian⁴, Pers Yves-Marie⁴**

Conseils hygiéno-diététiques
et corticothérapie : les patients
nous proposent.

1. Centre Hospitalier Universitaire Lapeyronie, Montpellier, France, 2. Département de Médecine Générale, Université de Montpellier, UFR Médecine site Nord, Montpellier, France, 3. Clinique Mutualiste Beau-Soleil, Montpellier, France, 4. Unité Clinique et thérapeutique des pathologies immunologiques et ostéo-articulaires, Montpellier, France

Poster F10

Pavageau Sylvain, Voltz Charlotte

Département de Médecine
Générale, Faculté de Médecine
Montpellier-Nîmes

Les médecins généralistes
intègrent l'ostéopathie dans leur
arsenal de soin.

Poster F2

**Calonne Chloé, Sastourné Jean-
Pascal, Costa David, Bourrel Gérard**

Département de Médecine Générale,
Université de Montpellier, UFR Médecine
site Nord, Montpellier, France

Effets du programme MBCT sur le
vécu de patients suivis en clinique
psychiatrique de jour : analyse
phénoméno-pragmatique.

Poster F5

**Denat Iseult¹, Senesse Pierre²,
Bourrel Gérard¹**

Les besoins en soins oncologiques
de support, paroles de patients : une
enquête qualitative.

1. Département de Médecine Générale, Université de Montpellier, UFR Médecine site Nord, Montpellier, France, 2. Pôle «Transversalité et Soins de Support» Département de Gastroentérologie et Nutrition Clinique, Institut régional du Cancer Montpellier, Montpellier, France

Poster F8

Pavageau Sylvain, Pellequer Nancy

Département de Médecine Générale,
Université de Montpellier, DRJSCS,
Montpellier, France

L'activité physique aide
spécifiquement le médecin
généraliste à concilier vie
professionnelle et personnelle.

Poster F11

**Reboul Marie-Catherine,
Pavageau Sylvain**

Département de Médecine Générale,
Faculté de Médecine de Montpellier,
Montpellier, France

Enfin une application smartphone
d'aide à la prise en charge du diabète
en médecine générale!

Poster F3

Chamard Audrey¹, Prat Dominique²

Etat des lieux du recours aux
médecines alternatives et
complémentaires en médecine
générale dans le Languedoc-
Roussillon : étude quantitative
auprès de patients et de médecins.

1. Département de Médecine Générale, Université de Montpellier, Montpellier, France, 2. Explorations fonctionnelles de système nerveux et acupuncture, CHU de Nîmes, Nîmes, France

Poster F6

**Fellague Chebra
Abderrahim, Coste Olivier**

Département de Médecine Générale,
Université de Montpellier, DRJSCS,
Montpellier, France

Médecine Générale et activité
physique : quels sont les
besoins à la prescription ?

Poster F9

**Pavageau Sylvain,
Guillemeney Josselin**

Département de Médecine
Générale, Faculté de médecine
Montpellier-Nîmes

La théorie de l'attachement :
une ressource pour la relation
médecin-patient.

Poster F12

**Reboul Marie-Catherine,
Pavageau Sylvain**

Département de Médecine
Générale, Faculté de Médecine de
Montpellier, Montpellier, France

Une application Smartphone
d'aide au suivi de la grossesse
en médecine générale.

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12:30 - 1:00

Corum • Exhibit Hall
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Presentation of the International Behavioural Trials Network (IBTN)

Simon Bacon, Kim Lavoie and Gregory Ninot
French Session • Free Session

Presentation of example of Occitanie Region NPI Companies

Animation: Monica Cappellini, Transferts, Montpellier, France
French Session • Free Session

Friday 19th May 2017

Corum • Exhibit Hall
12:30 - 1:00

Corum • Exhibit Hall, CEPS Platform Exhibit
10:30 - 11:00

Grants for NPI research and innovation.

Occitanie Region: Sophie Marchal, Region Occitanie
French State: Valérie Handweiler, CHRU Montpellier
Animation: Monica Cappellini and Concepcion Avila, Transferts, Montpellier, France
French and English Session • Free Session

A collaborative NPI Clinical Trials Search Engine in progress: Motrial.

Animation: Loris Riviere, Isimedia, Montpellier, France
French and English Session

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L'Observatoire des Médecines
non Conventionnelles.

Dr. Marie Baqué-Juston

Faculté de Médecine de Nice, Université Nice-Sofia-Antipolis

Des difficultés de l'évaluation des thérapies
complémentaires personnalisées.

Dr. Fernand Vicari

*Groupe d'Evaluation des Thérapies
Complémentaires personnalisées (GETCOP), Nancy*

Les Interventions Non Médicamenteuses :
Réflexions des doyens des facultés de Médecine.

Pr. Patrick Baqué

Doyen de la Faculté de Médecine de Nice, Université Nice-Sofia-Antipolis

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Registration

Before March 1, 2017

After March 1, 2017

At the Conference

Full conference registration packages (including coffee breaks, but not lunch)

Professionals (Credit card payments)	180 €	280 €	350 €
Professionals with accepted oral or poster communication	180 €	180 €	180 €
Professionals On-going Education/Training	230 €	230 €	230 €
Students (Credit card payments)	90 €	90 €	90 €

Day conference registration packages

Day 1 (Thursday)	100 €	120 €	150 €
Day 2 (Friday)	100 €	120 €	150 €
Day 3 (Saturday)	80 €	100 €	120 €

Session open to the public (French)

10 €

Gala Dinner (May 18)

55 €

To register:

► www.iceps.eu

Acknowledgments to Partners

Academic Partners



Other Partners



Other Supports

Pour soutenir le congrès ou proposer un stand, contactez par email
beatrice@oktopus-event.com

5th edition

iCEPS CONFERENCE

International Conference & Exhibit

MAY 18-20
2017

MONTPELLIER • FRANCE

Non-Pharmacological Interventions (NPIs) have become essential solutions to improve the health, quality of life, and life expectancy. Recent studies have also highlighted the behavioral, social and economic benefits. The iCEPS Conference is an international meeting designed for sharing evidence on the efficacy, safety, and costs/effectiveness of NPIs, for

discussing the research protocols used to obtain these evidence, for understanding the dedicated mechanisms, and for disseminating best professional practices. The conference proposes plenary lectures, workshops, poster sessions, exhibit hall, and many other events to facilitate collaborations. Welcome to the fifth edition.



► **Next Conferences** May 24-26, 2018, Montreal
 May 16-18, 2019, Montpellier
 May 21-23, 2020, Montreal

18-20 May, 2017
► **Montpellier, France**
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